

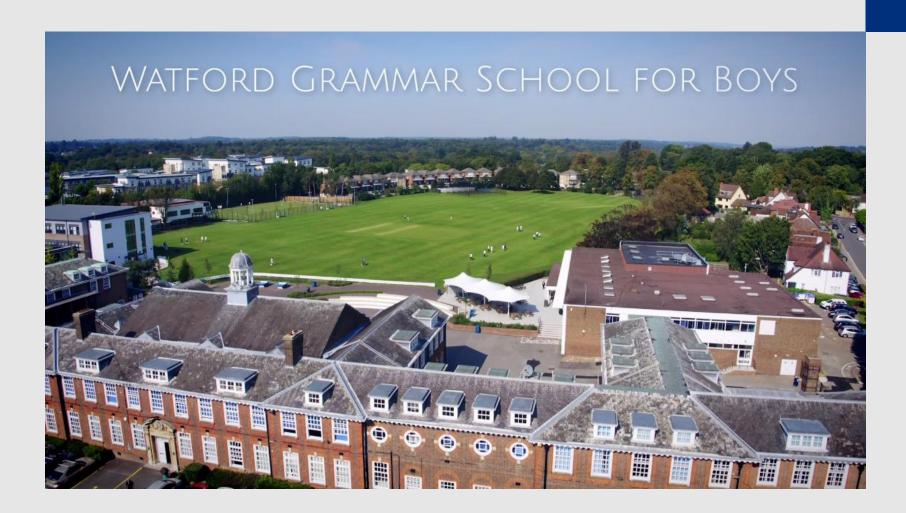
J. McGinty: Mental health in the teaching of psychology in England - a case study





MENTAL HEALTH AT SCHOOL:
WHAT IS THE ROLE OF PSYCHOLOGY TEACHERS?

EFPTA WEBINAR - 19TH FEBRUARY 2022



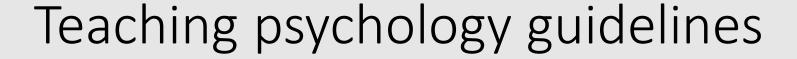
Watford Grammar School for Boys



Founded 1704

• ~ 1500 boys

200 take A-levels each year with ~50 psychology students





Demonstrate knowledge and understanding of scientific ideas

Apply this knowledge and understanding

Evaluate knowledge and understanding and make conclusions

Applied psychology

Issues in mental health

- The historical context
- The medical model
- Alternatives to the medical model







- Definitions and categorisation of mental illness, e.g. ICD-11, DSM-5
- Characteristics of disorders, e.g. affective, psychotic, anxiety
- Explanations of mental illness, e.g. medical model biochemical, genetic, brain abnormality: Alternatives behavioural, cognitive, psychodynamic.
- Treatments of mental illness, e.g. biological drugs, ECT: Non-biological CBT, systematic desensitisation.

Teaching strategies

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Active learning

Problem based learning

Psychology Applied Learning Scenarios [PALS] Norton (2005)

Students create their own PALS

Teaching strategies

Social constructivism

Group work

Peer tutoring and mentoring

• Effect of the COVID-19 pandemic



Teaching strategies

- Metacognition
- Critical thinking
- Retrieval practice
- Distributed practice

Focus on OUTformation rather than INformation



The pastoral curriculum

- Tutors
- Head of year

- Wellbeing curriculum delivered in tutor time and assemblies
- Resilience, Initiative, Thinking, Collaboration, Respect and Kindness
- 'Five ways to wellbeing' activities connect, be active, take notice, learn, give.

Counsellors for students

Safespace



CAMHS



Kooth online



Training for teachers

Mental Health First Aid England

Herts for Learning

National Health Service

• Time to change







