

EFPTA

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I educate future senior high school teachers in psychology



Formal education of psychology teachers in Norway

(Jacobsen, 2017)

Psychology education	Teaching of psychology	Teaching of other subjects
Less than one year at university	25.9%	0.5%
One year	38.4%	5.5%
More than one year	31.4%	36.9%
Master	4.3%	57.1%

Subject didactics in psychology	Subject didactics in other subjects
19.6%	91.6%

The psychology subject in
school education
(senior high school) 16-19 years

Content

Two years

- Psychology 1
- Psychology 2

Teaching

- 5 hours/week
- 140 hours/year

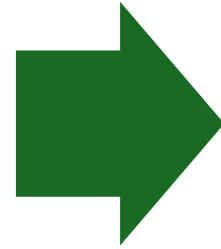
Core elements of psychology in high school

- Thoughts (cognition), emotions and behaviour
- Human development and interaction
- Scientific and critical thinking

The students

2008

400 students



2022/2023

17.695 students

• **74,2% girls**

116.789 students are taking general education in senior high school in Norway

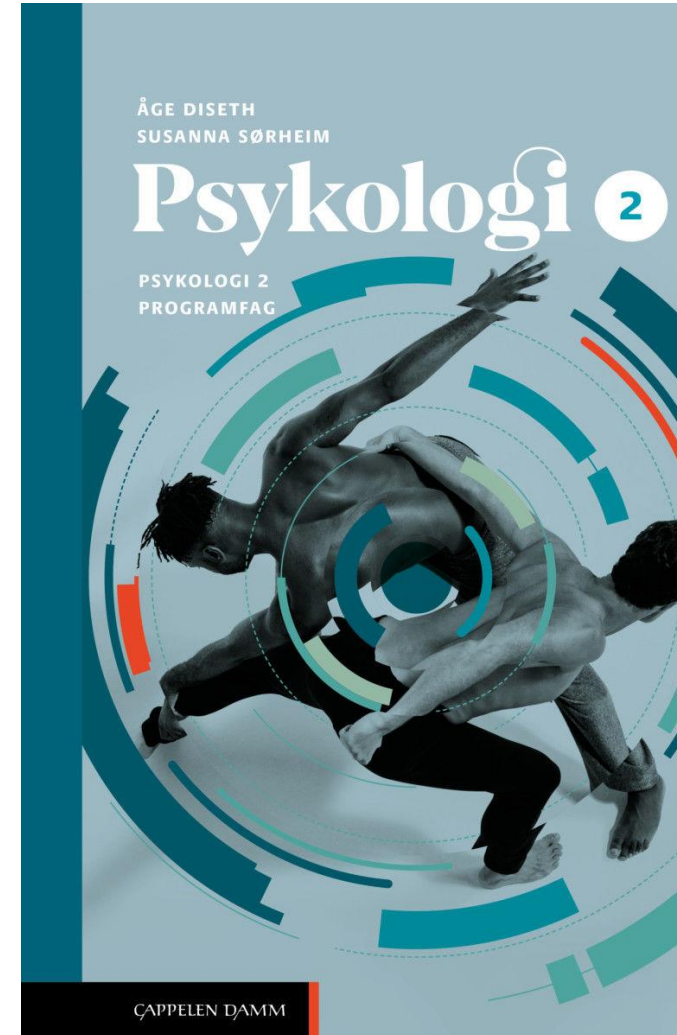
Approx. **15,2%** general education senior high school students take psychology

Textbooks for high school
psychology students

My books in Psychology 1 and Psychology 2



- Perspectives on psychology
- Development, evolution and biology
- Learning and cognition
- Stress and crisis



- Psychology as a science
- Social processes
- Communication
- Mental health

New textbook for teacher education

- Diseth, Å. (2024). *Educational psychology. Development, learning, motivation and teaching*. Cappelen Damm Akademisk.



ÅGE DISETH

PEDAGOGISK PSYKOLOGI

UTVIKLING, LÆRING,
MOTIVASJON OG
UNDERVISNING

Thank you!