Times are shown as UTC and CET, which are the time zones covering most European countries. In addition, Finland: UTC+2. Russia: UTC+3 (or check www.timeanddate.com/worldclock/converter.html)

<table>
<thead>
<tr>
<th>start times for each day for the various time zones in Europe</th>
<th>15 April</th>
<th>16 April</th>
<th>17 April</th>
</tr>
</thead>
<tbody>
<tr>
<td>Iceland</td>
<td>10.00</td>
<td>12.00</td>
<td>08.00</td>
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<tr>
<td>United Kingdom (UTC)</td>
<td>11.00</td>
<td>13.00</td>
<td>09.00</td>
</tr>
<tr>
<td>Czechia, Denmark, Germany, Luxembourg, Slovakia, Spain, Sweden (CET)</td>
<td>12.00</td>
<td>14.00</td>
<td>10.00</td>
</tr>
<tr>
<td>Finland, Russia</td>
<td>13.00</td>
<td>15.00</td>
<td>11.00</td>
</tr>
</tbody>
</table>

Participants who registered for the conference and paid the conference fee will be sent the programme with ZOOM session links a few days prior to the event.

Thursday 15 April

11.00 UTC 12.00 CET Pre-conference workshop (approx. 60 minutes):
Lenka Sokolová & Miroslava Lemešová  
(Faculty of Education, Comenius University in Bratislava, Slovakia)  
Students with special educational needs and their transitions: Use of storytelling in the teaching of psychology

17.00 UTC 18.00 CET Pre-conference Chat group: Discussion and collaboration space in Zoom  
(a space to meet and chat: an ice-breaker and break-out room discussions)

Friday 16 April

13.00 UTC 14.00 CET Conference opens:  
Welcome by EFPTA President Lenka Sokolová and presentations of EFPTA member countries

13.15 UTC 14.15 CET Keynote 1:  
Daniela Ostatníková (Faculty of Medicine, Comenius University in Bratislava, Slovakia):  
Hormones shaping human cognition and behaviour

14.00 UTC 15.00 CET BREAK 15 minutes (with ZOOM chat available for further questions and contacts)

14.15 UTC 15.15 CET PSYCHOLOGY TEACHING IN EUROPE:  
A series of short presentations on current projects and activities in psychology education

14.30 UTC 15.30 CET Åge Diseth (University of Bergen, Norway):  
Alignment between students’ motivation to choose psychology and promotion of life skills in psychology teaching: Exploring dilemmas and possibilities

14.30 UTC 15.30 CET Sally Wiggins Young (ESPLAT President & Linköping University, Sweden) & Suzanne Narciss (Technische Universität Dresden, Germany):  
ESPLAT: Introduction to the European Society for Psychology Learning and Teaching
<table>
<thead>
<tr>
<th>Time</th>
<th>Event</th>
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</table>
| 14.45 UTC    | Paul Georg Geiss (Ella Lingens Gymnasium & University of Vienna, Austria):  
Rethinking psychological literacy for introductory courses in psychology education |
| 15.00 UTC    | Ioulia Papageorgi (EFPA Board of Educational Affairs & University of Nicosia, Cyprus):  
Educating the next generation of psychologists: The development of psychology-related and general competencies through a Psychology Bachelor’s degree |
| 15.15 UTC    | Jamie Barnes (International Baccalaureate Organisation, The Netherlands):  
Psychological Literacies as a framework for IB DP Psychology |
| 15.30 UTC    | Alena Nohavová, Kristýna Michálková, Petra Lencová, Lucie Homolková, & Hana Vondrášková (University of South Bohemia in České Budějovice, Czechia):  
Assistant in a pocket: modern technology to combat stress |
| 15.45 UTC    | CLOSING SESSION: end of Friday programme |
| 18.00 UTC    | Happy Hour: optional quiz and chat time (with a cup of tea, a glass of beer or wine) |

**Saturday 17 April**

<table>
<thead>
<tr>
<th>Time</th>
<th>Event</th>
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</table>
| 9.00 UTC      | Keynote 2:  
Päivi Kohta (NYYTI RY, national non-profit organisation, Helsinki, Finland):  
Supporting mental health among upper secondary and vocational school students: Nyti’s Learn about your mind - skills for well-being course |
| 9.30 UTC      | Symposium  
Helen Kitching (DART-P, British Psychological Society, United Kingdom), Lucinda Powell (British Psychological Society, United Kingdom) & Jock McGinty (ATP, United Kingdom)  
Mental Health in schools/colleges in the UK |
| 10.00 UTC     | BREAK 15 minutes (with ZOOM chat available for further questions and contacts) |

**WORKSHOP SESSIONS: CHOICE OF WORKSHOPS ON VARIOUS TOPICS**  
(each workshop is planned for about 45 minutes with 15 minutes break for participants to refresh and change the ZOOM session)

<table>
<thead>
<tr>
<th>Time</th>
<th>Event</th>
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</table>
| 10.15 UTC    | (A) Evie Bentley (ATP, United Kingdom):  
Taking care of ourselves |
| 11.15 UTC    | (B) Morag Williamson (ATP Scotland) & Jukka Oksanen (The Finnish Association for the Teachers of Psychology / The Finnish Psychological Association, Finland):  
Working together to develop the psychology curriculum in European schools |
| 11.15 UTC    | (D) Raisa Chumicheva (Southern Federal University, Rostov on Don, Russia) & Olga Zvereva (Moscow State Pedagogical University, Russia)  
Digital technologies and young children |
| 12.15 UTC    | (E) Nikola Vorelová, Dominika Vajdová, & Radomír Masaryk (Comenius University in Bratislava, Slovakia):  
Developing critical thinking skills in the psychology classroom |
| 12.15 UTC    | (C) Jock McGinty (ATP, United Kingdom) & Ebba Christina Blåvarg (University of Stockholm, Sweden):  
What motivates our students to read their textbooks? |
| 13.00 UTC    | (F) Alena Nohavová, Kristýna Michálková, Petra Lencová, Lucie Homolková, & Hana Vondrášková (University of South Bohemia in České Budějovice, Czech Republic):  
Assistant in a pocket: modern technology to combat stress |
| 13.00 UTC    | CLOSING SESSION: plenary feedback session and the end of Conference |

Note: Programme details are correct at time of publication but may be subject to change.

For more information visit our website:  
[www.efpta.org](http://www.efpta.org)